

# 4-H Family News

## **Kalamazoo County**



Oct 2023

# Welcome to the 2023-2024 4-H programming year!

Starting September 15th, 2023, families and volunteers will need to log into the 4-H online database at:

https://v2.4honline.com/#/user/sign-in to re-enroll for the new programming year.

### Some reminders:

- Any youth 5-19 years old as of January 1, 2024 will be able to enroll in the 4-H program
- There is no fee to enroll in 4-H.
- Adults who would like to be a volunteer will need to go through the MSU Extension Volunteer Selection Process (VSP) prior to working with youth, unless it has been completed previously.
- VSP completion is required for both virtual and face to face programs. For information on this process please visit: <a href="https://www.canr.msu.edu/resources/msu">https://www.canr.msu.edu/resources/msu</a> extension volunteer sel ection process
- New members may join anytime during the year, but will not be able to meet fair participation requirements if enrolled after April 1, 2024
- Re-enrollment is due no later than November 30, 2023.



### **Attention Cloverbud families!**

We would like to offer some Cloverbud specific programming at least once a quarter that would be open to Cloverbuds throughout the county. This would be a good opportunity to invite a friend to come learn more about 4-H. Please take a few minutes to complete this survey before October 15<sup>th</sup> so that we can start to plan some fun events.

https://qfreeaccountssjc1.az1.qualtrics.com/jfe/form/SV\_bk1xf8a4cvhVyhE

### **CONTACT US**

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201 W. Kalamazoo Ave. Suite 306 Kalamazoo, MI. 49007

### **County Office Phone & Email:**

269-383-8830 msue.kalamazoo@campusad.msu.edu

### **WEBSITE:**

http://canr.msu.edu/kalamazoo4H

Facebook Page

https://www.facebook.com/Kalamazoo-County-4-H-Youth Program-122047197873078

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# Michigan 4-H Youth Code of Conduct

The opportunity to participate in or attend 4-H activities is a privilege. All 4-H participants – youth, families, volunteers, and Extension staff who participate in or attend any activity or event sponsored by the Michigan State University Extension 4-H Youth Development Program are expected to uphold the values of the Michigan 4-H program.



All 4-H youth participants must conduct themselves according to the following standards that apply to all Michigan 4-H programs, including virtual programs, and interactions such as social media and internet engagement:

- 1. Create a Welcoming Environment for All. Encourage everyone to fully participate in 4-H. Recognize that all people have skills and talents that can help others and improve the community. Though we will not always agree, we must disagree respectfully. When we disagree, try to understand why. Our first priority is to create a safe, inclusive space for learning, sharing and collaboration that is welcoming to people from diverse backgrounds, cultures, and perspectives. Diversity includes, but is not limited to race, color, national origin, gender, gender identity, religion, age, height, weight, disability, political beliefs, sexual orientation, marital status, family status or veteran status.
- 2. **Bring Your Best Self.** Conduct yourself in a manner that reflects honesty, integrity, self-control, and self-direction. Accept the results and outcomes of 4-H activities and programs with grace and empathy for other participants. Accept the final opinions of judges and evaluators. Be open to new ideas, suggestions, and opinions of others.
- 3. **Obey the Law.** Obey the laws of the locality, state and nation and Michigan State University and Extension policies and guidelines. Commit no illegal acts. Do not possess, offer to others, or use alcohol, illegal drugs, marijuana, or tobacco products, which include e-pens, e-pipes, e-hookah, e-cigars, JUULs, vapes, vape pens or other electronic nicotine delivery systems. Do not attend 4-H activities under the influence of alcohol or illegal substances. Do not possess or use weapons or firearms except as expressly permitted as part of supervised 4-H shooting sports programming. This includes dangerous or unauthorized materials such as explosives or similar items.
- 4. **Honor Diversity Yours and Others'.** Respect and uphold the rights and dignity of all persons with whom you interact as part of Michigan 4-H.
- 5. **Create a Safe Environment.** Be kind and compassionate toward others. Be considerate and courteous of all persons and their property. Do not carelessly or intentionally harm or intimidate anyone in any way (verbally, mentally, physically, or emotionally). Do not insult, harass, or bully others or engage in other hostile behaviors, including sexual harassment, sexual assault or sexual abuse. Abstain from sexual behavior and intimate physical/sexual contact in either public or private situations at an MSU Extension youth 4-H activity or event.
- 6. **Be a Team Player.** Work cooperatively with all individuals involved in 4-H programs and activities. Be responsive to the reasonable requests of the person in charge such as volunteers and staff. Respect the integrity of the group and the group's decisions.
- 7. Humane Treatment of Animals. Treat animals humanely and provide appropriate animal care.
- 8. **Participate Fully.** Participate in and contribute to planned programs, be on time and follow through on assigned tasks/responsibilities in a manner that fosters the safety, well-being, and quality of the educational experience for self and others.





### This month's 4-H Wild Spartans Series

**Snakes and Frogs: Fieldwork in the Tropics."** With Dr. D. Bruce Means, biologist with the Coastal Plains Institute and Land Conservancy & Adjunct Professor at Florida State University.

We will climb through the mist on a tropical expedition searching for new and rare species of amphibians and reptiles on Tuesday, October 10th, 2023 at 6:30pm EST **"Dr Means** was recently featured in a National Geographic magazine cover story and documentary *'The Last Tepui'*.

You'll learn about his field work, and the education and career path he followed to get there. Youth will be encouraged to ask questions to learn more through a live Q&A. This free series is open to 4-H and non-4-H youth, in and out of the state, ages 12-19 years. Monthly sessions will be held on the 2nd Tuesday of the month at 6:30pm EST.

Pre-registration is required: <a href="https://events.anr.msu.edu/wildspartans20232024/">https://events.anr.msu.edu/wildspartans20232024/</a>





The Richland 4H club competed in the Bronson Children's Hospital fun run for our community service participation. The goal was to raise \$200, and we surpassed it by \$10! The Bronson Children's Hospital Run & Walk is designed for both competitive runners and families who prefer a casual stroll. Some participate in celebration, some just for fun, and others in remembrance. Together, we run and walk to raise awareness and support for Bronson Children's Hospital and the vital programs for our patients and families. <a href="https://runsignup.com/Race/MI/Kalamazoo/BronsonChildrensHospital5K">https://runsignup.com/Race/MI/Kalamazoo/BronsonChildrensHospital5K</a>

Everyone won a metal, and next year they want to try the 5K! We also had an educational experience visiting a fire truck, and ambulance to learn about the services provided.





Great Job Everyone!





### New proposed license plate would raise funds for Michigan 4-H youth

On Tuesday, September 26, legislation was unveiled that will create a new fundraising license plate that would generate support for Michigan 4-H youth. State Reps. Matthew Bierlein, of Vassar, and Reggie Miller, of Van Buren Township, are sponsoring the legislation which would allow for the creation and sale of a Michigan 4-H plate through the Secretary of State.

"This effort would provide an ongoing stream of support that benefits our 4-H programs for years to come," said Quentin Tyler, director of <u>Michigan State University Extension</u>, which leads the 4-H program in Michigan. "We are so grateful to Reps. Beirlein and Miller for championing this effort."

The plans would create the 4-H fundraising plate and establish regular disbursements from the license plate sales to the Michigan 4-H Foundation. Founded in 1952, the Michigan 4-H Foundation is a nonprofit organization based in East Lansing, Mich. Led by a board of trustees, the foundation works in partnership with MSU Extension and Michigan 4-H Youth Development to support programs to prepare youth for meaningful and productive lives.

"We are excited by the prospect of this revenue-generating opportunity that will result in additional visibility and resources to support Michigan 4-H youth and programs," said Tom Bosserd, president of the Michigan 4-H Foundation Board of Trustees. "We thank the representatives for their commitment to ensuring 4-H youth continue to have access to these high-quality, youth development programs."

Statewide, Michigan 4-H reaches more than 100,000 youth each year through hands-on learning experiences that allow youth to explore their passions and interests while growing confidence, life skills and a sense of responsibility. The program operates in every county in the state and is available to youth ages 5 to 19.

"For more than 115 years, our Michigan 4-H programs have been making a positive difference in the lives of youth and their families," continued Tyler. "We look forward to seeing the forward progress of this legislation, knowing that it will provide valuable resources for future generations to continue to grow with Michigan 4-H."

The bills will be formally read into the record this week.



Draft plate; not final version.



# My Horse University

My Horse University is an educational opportunity for horse enthusiasts all throughout the world to gain access to research and knowledge from experts through online courses and products.

https://www.canr.msu.edu/my\_horse\_university/index







# Kalamazoo Teen Leaders Club

Kzoo TLC is an opportunity for Kalamazoo youth to elevate their leadership, time management, communication, and civic engagement skills. Once part of the club, members will help organize and fun events & community service opportunities for the county of Kalamazoo.

Follow the link below to sign up!



# Michigan State University Extension is recruiting TEEN LEADERS

for the 2024 program year.

Increase your Professional & Networking Skills https://forms.gle/E4ubDW9spuv3vywv7











### Make a Difference Day, Saturday October 28, 2023

### **Kalamazoo County 4-H Community Service Activity**

### **No-Sew Fleece Blankets**



Here is your chance to make a difference in the life of a child who needs some extra love or a cat / dog waiting for adoption!

On Saturday October 28, 2023 join Kalamazoo County 4-Hers and their families from 9:30am-11:30am in Room B at the Expo Center & Fairgrounds to make No-sew fleece blankets to donate to either Bronson Children's Hospital, Gospel Mission, 4-Hers in the United States who have experienced a natural disaster, or a cat / dog residing at Kalamazoo Animal Services on Lamont Street.

If you are not able to join us, feel free to make a blanket at home and drop if off at Room B between 9am – 12pm Saturday October 28<sup>th</sup> or make other arrangements for a drop-off with Andrea McCubbin 269-598-5231. 4-H Parents – please plan to accompany & help your younger 4-Hers during this event.

Kalamazoo County 4-H Leaders Council will provide fleece for the blankets but you are welcome to bring your own fleece. If you have a pair of sewing scissors, rotary cutters, cutting mats, or rulers, please bring them with you for cutting edges off the material or making fringe. We will have square templates for cutting out the corners of the fleece for the fringe.

### Please sign-up so we may better plan for supplies:

https://docs.google.com/forms/d/1JHwPa4dVSM2qWUFSfUkO68Z0EHFscjuGC1REQYKdRm0/prefill

### What you need to make a blanket for a youth/child

2 pieces of coordinating 1 -2 yds of anti-pill fleece (1 yd small blankets, 2 yds large blanket)

- 1. Cut off rough salvage edge from both sides of the fleece fabric. \*\*
- 2. Lay the 2 pieces of fleece fabric together; printed side of the fleece should be on the outside
- 3. Cut a square 4-5" out of each corner of the fleece fabric (this is for fringe)
- 4. Around each side cut fringe 1" wide and 4-5 inches as you used for the square from the corner
- 5. Tie overhand knots with 2 pieces of fringe or at the ends it might be 3 pieces of fringe.

### What you need to make a blanket for a cat / dog

2 pieces of coordinating 1/2 - 1 yd of anti-pill fleece

- 1. Cut off rough salvage edge from both sides of the fleece fabric. \*\*
- 2. Lay the 2 pieces of fleece fabric together; printed side of the fleece should be on the outside
- 3. Cut a square 3-4" out of each corner of the fleece fabric (this is for fringe)
- 4. Around each side cut fringe 1" wide and 3-4" as you used for the square from the corner.
- 5. Tie overhand knots with 2 pieces of fringe or at the ends it might be 3 pieces of fringe.
  - \*\* We will keep the salvage material to make dog fleece chew toys!

\*Fleece fabric donations are welcome \*

# MICHIGAN STATE Extension

# Horse Programs

### Impacting Michigan communities through outreach and education



Educating Michigan animal control officers and first responders in horse handling and animal health ERAIL | canr.msu.edu/erail



Collaborating with Detroit Horse Power
Using the power of horses to expand appartunities for
Detroit's children | DetroitHorsePower.org





Michigan State University Horse Teaching and Research Center instructs 380 students & hosts 45,000 visitors annually Contact: Paula Hitzler | phitzler@msu.edu | MSUarabians.com



National online horse management program reaching over 500,000 horse enthusiasts MyHorseUniversity.com





Michigan 4-H Horse Program develops leadership, responsibility, and communication skills in 7000 Michigan youth with the help of 1500 volunteers.





MSU Farrier School Contact: Karen Waite | kwaite@msu.edu canr.msu.edu/farrierschool





# **Dairy Club Update**

We will have a meeting at Vlietstra Dairy farm on Tues, Oct 24 at 6:30. Dress for the weather. Please be sure to join the Kalamazoo County 4H Dairy Club on Facebook.

# Is Beekeeping Right for Me?

Have you ever wondered if beekeeping is right for you? This free, self paced, online course provides an introduction to honey bees, covers the time required, physical demands, and financial resources of beekeeping, and suggests ways to help all pollinators.

### Interested? Check it out at:

https://www.canr.msu.edu/courses/msu-is-beekeeping-right-for-me





# **Poultry Project News**

### **Poultry Project News**

Fowl Fest (the only fall poultry show held in Michigan) is coming soon to the Saginaw County Fairgrounds. Come see all the cool poultry on Saturday, Oct. 14th, talk to the breeders and maybe buy that next special bird for your flock.





Then plan on joining your poultry friends for our November 16th meeting at the Expo Center in room B at 7pm. We are planning on feather craft so start collecting your birds' best feathers to use in making some feather pins.





# Want to hear about upcoming events and programs from

# MSU Extension?

It's Easy!

# Use the QR code below and sign up for our Monthly Newsletter!

Or go to

https://lp.constantcontactpages.com/su/SoKxeOp
And Sign Up!





## Why do YOU love 4-H?

4-H members can be our best advertisers by helping spread the word in a short video highlighting "Why You Should Join 4-H!" Be a 4-H changemaker by using your voice and sharing your story of 4-H.

Chance to win prizes for 4-H youth 9-19 as they explore video creation

and editing. Learn more about this opportunity here:

https://www.canr.msu.edu/4-h-clovers-code/contest/
Deadline to register and submit videos is January 31, 2024. The 4-H Creative Campaign Contest

is sponsored with a grant from the Michigan

4-H Foundation.

A total of six prizes will be awarded to the top videos judged by professionals.

There will be two age brackets with 1st, 2nd, and 3rd place prize winnings in each bracket:

•4-H Ages 9-13 (as of January 1, 2024)

•4-H Ages 14-19 (as of January 1, 2024)

1st place prize is a \$100 Amazon gift card 2nd place prize is a \$75 Amazon gift card 3rd place prize is a \$50 Amazon gift card



#### **Contest Rules**

- •Contest open to all active Michigan 4-H youth 9-19. Not in 4-H, learn how to join 4-H here.
- •Register for the contest at <a href="https://events.anr.msu.edu/4HCampaignContest/">https://events.anr.msu.edu/4HCampaignContest/</a>. Must register to be eligible for prizes.
- •Check out Tips for Video Submissions for ideas and Video Creation Resources for tools to create your video.
- •Create a video lasting 1 minute or less about "Why You Should Join 4-H!"
- •Before uploading your video, name your video with your first and last name
- •Upload your video here: <a href="https://bit.ly/4-Hcreativecontest">https://bit.ly/4-Hcreativecontest</a>
- •Deadline to submit your video and to register is January 31, 2024
- •Winners will be notified the week of March 4th through email used during registration. Any change in email must be provided directly to contest coordinators to receive their prize.



## Shooting Sports dates for 2023 - more on the way!

### 2023 Re-certification process:

- October 15 December 31: Recertifications accepted during this timeframe. Please await 2023 application prior to submission.
- December 31, 2023 Final date Instructor Certifications expiring in 2023 may be used.

Jody Schultz - schulzj@msu.edu

Mike George – Archery Instructor Email: <a href="mailto:arch3rynut1@comcast.net">arch3rynut1@comcast.net</a>

Visit us on our website.

Michigan 4-H Shooting Sports Facebook page.





**Show your Support! 4-H Grows Here** yard signs are available for purchase from the 4-H office for \$5.00 each.





Michigan Farm Bureau's 2023 High School REGIONAL Discussion Meet Registration

Each year, Michigan Farm Bureau hosts the High School Discussion Meet competition for high school students active in FFA, 4-H, and Farm Bureau member dependents. The purpose of the Discussion Meet is to build students' public speaking, collaboration, and problem-solving skills, while exposing them to the agriculture industry's largest challenges and the organization of Michigan Farm Bureau.

Registration opens on September 1st and ends one week prior to your specific region's competition date. Each FFA chapter, 4-H club, and county Farm Bureau can register up to three competitors.

The top three competitors from each regional competition will move on to compete at the State High School Discussion Meet held on Wednesday, November 29th in Grand Rapids during the Michigan Farm Bureau State Annual Meeting.

### Register Here:

https://docs.google.com/forms/d/e/1FAIpQLSeQc2UGXyCy-wExU3WPjUXrX2ImFLxZGk6vg4CCn8xv8LuNpQ/viewform

REGION	EVENT DATE	REGISTRATION DUE DATE	TIME	LOCATION
1	Nov. 13	Nov. 6	5 p.m.	Vicksburg High School



### **MSU Extension Child and Family Development**

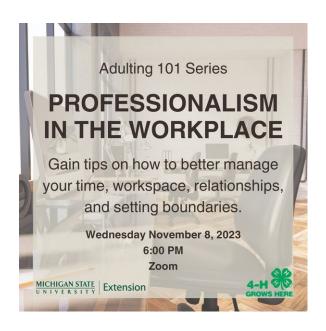
MSU Extension has a wide range of free online classes, publications and handouts for parents and caregivers of children of all ages, as well as early childhood professionals, to help equip parents and caregivers with the tools to raise children and youth with positive social and emotional wellness so they can thrive in life.

### Help is just a click away!

https://www.canr.msu.edu/child-family-development/

You can also connect on the Facebook page at:

MI Stronger Family - MSU Extension https://www.facebook.com/mistrongerfamily







# STATEWIDE CALENDAR OF EVENTS

# 4-H scholarships available!



Outstanding Michigan 4-H members who are involved at county, regional, state, national or international levels are eligible to apply for Michigan 4-H scholarships to help fund their college experience.

A number of scholarship opportunities exist, ranging in value from \$500 to \$10,000 (over the course of four years). Each scholarship has specific eligibility, be sure to read the requirements to see if you qualify.

## All applications are due by November 1.

Learn more and access applications materials at: www.canr.msu.edu/4\_h\_scholarships and recognition program/4\_h\_scholarships.

### October 1-7: National 4-H Week

For over 100 years, 4-H has inspired families, shaped careers, and impacted communities. During this week, celebrate the impact of 4-H during National 4-H Week.

www.canr.msu.edu/events/national-4-h-week

### October 4-15: Fall Tractor Supply Company Paper Clover Campaign

Support 4-H by purchasing a \$1 paper clover at your local Tractor Supply Co. (TSC) store or online! www.canr.msu.edu/events/tractor-supply-co-paper-clover-campaign

### October 7: 4-H Day at the Wild Pumpkin

4-H families and friends will receive a discount of \$2 off admission, a fun fall prize, a free donut and cup of cider! Sign up required.

www.canr.msu.edu/events/4-h-day-at-the-wild-pumpkin

# October 10: Wild Spartans - Snakes and Frogs: Fieldwork in the Tropics Online

Participants will meet Dr. D. Bruce Means, adjunct professor at Florida State University and biologist with the Coastal Plains Institute and Land Conservancy. Learn about his field work, and the education and career path he followed to get there.

www.canr.msu.edu/events/wild-spartans-series-2023-2024

### October 18: Adulting 101 - Wealth Building

Online

This workshop will provide tips, tools and goal-setting strategies. Learn about different types of savings and investment products, evaluate your risk tolerance and explore investment timelines. www.canr.msu.edu/events/adulting10110-18-23

## October 23: Michigan 4-H Volunteer Webinar Series - Helping Youth Find Their Spark Online

Explore ways 4-H volunteers can help youth find their spark within their 4-H experience. This session will be offered twice for the convenience of volunteers.

**12-1 p.m. session:** <u>www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-series-helping-youth-find-their-spark</u>

**7-8 p.m. session:** <u>www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-series-helping-youth-find-their-spark7pm</u>

#### SAVE THE DATE!

### November 10-12: Spectacular Youth Leadership Institute

Youth ages 13-19 are invited to this leadership program that will focus on service, community leadership, global leadership and more. Youth will stay at a Lansing area hotel, attend classes on MSU's campus and take part in service projects around the Lansing area. Registration coming soon.





# **STATEWIDE 4-H NEWS**

### **Promote 4-H with the 4-H Creative Campaign Contest**

Youth ages 9-19 are invited to create short videos (under 60 seconds) promoting 4-H to their peers. Videos should address the question, "Why You Should Join 4-H!" Be a 4-H spokesperson by using your voice and sharing your 4-H story with others!

This contest is open to Michigan 4-H youth. Those not currently registered for 4-H can do so prior to entering this contest. The deadline for registration and video submissions is January 31, 2024.

A total of six prizes will be awarded to the top videos judged by professionals. There will be two age brackets for this competition:

- 4-H ages 9-13 (as of January 1, 2024)
- 4-H ages 14-19 (as of January 1, 2024)

Each age bracket will have three winners, who will receive the following prizes:

- First place prize: \$100 Amazon gift card
- Second place prize: \$75 Amazon gift card
- Third place prize: \$50 Amazon gift card

The 4-H Creative Campaign Contest is sponsored with a grant from the Michigan 4-H Foundation. More information and contest rules can be found online at <a href="https://www.canr.msu.edu/4-h-clovers-code/contest/">https://www.canr.msu.edu/4-h-clovers-code/contest/</a>. For questions, please contact Kathy Jamieson at <a href="mailto:jamies13@msu.edu">jamies13@msu.edu</a>.

### Join the 4-H Future Squad!

Figuring all this "adulting" out can be hard! If you are a 12-19 year old youth throughout Michigan, join 4-H Future Squad in learning more about important life skills for YOUR future.

4-H Future Squad was inspired by Generation Z youth seeking life skill development for a better future for themselves and their peers. This program is designed to help youth feel prepared and ready to take on the future and adulthood.

The FREE club will meet October 2023 through May 2024. Meetings will involve team-building and will cover areas such as money management, career readiness, stress management, goal-setting, time management, communication, politics, food safety, and basic household tasks. Club meetings will be virtual through Zoom. Club meetings for the 2023-2024 year will take place twice monthly with Monday or Thursday meeting dates on alternating months.

This club can be your primary or secondary club. For more information and to get registered, visit: <a href="www.canr.msu.edu/4-h-future-squad/">www.canr.msu.edu/4-h-future-squad/</a>.



